

# **The VeinCare Centre Hand Veins Information Pack**

We Help People Find Freedom From Veins  
Unsightly and Uncomfortable Veins  
Veins Causing Health Problems  
Cosmetic Veins

We Can Help You



## Why Do Hand Veins Bulge?

Large hand veins often develop simply as a result of getting older. As we age, the backs of our hands lose collagen, the skin become thinner and it may also develop age spots or "liver spots". Our hands can look much older than the rest of our body, with a bony appearance, big bulging veins, prominent tendons and pigmented patches.

## Hand Rejuvenation Treatment Programme

Fortunately, we can reverse these changes. We use a combination of treatments that we call the "**Hand Rejuvenation Treatment Programme**": a combination of sclerotherapy, collagen stimulation and age spot elimination. The VeinCare Centre has developed a unique method of hand vein injections that we call "Gentle Sclerotherapy". It does not close off the veins completely - after all we need normal veins- rather, it shrinks the veins and makes them return to a more normal size. Unlike other forms of sclerotherapy, compression gloves and bandages are necessary, but they may aid the healing process.

At the same time, we administer collagen stimulator injections under the skin and around the hand veins. By stimulating the natural production of collagen in the hands, the veins are surrounded and supported, and, in this way, they are less likely to stretch and bulge in the future. The results of hand vein treatments typically last many years before the hand veins become prominent once again.

To complete the Hand Rejuvenation Treatment Programme, brown mark discolouration and age spots can be removed by cryotherapy.

The combination of "gentle sclerotherapy", collagen stimulation and age spot reduction results in more youthful looking hands. The Hand Rejuvenation Treatment Programme is unique and as far as we know, it is not available anywhere else.

**Large arm veins** can also be treated by "gentle sclerotherapy" and arm vein size reduction can be provided solely or in combination with the Hand Rejuvenation Treatment Programme.

## Results of Hand Rejuvenation

The photographs shown below were taken by the patient herself. She was so pleased with the results that she has allowed us to share them. They have not been altered in any way. She is a medical professional who research all the available clinics before contacting us.

This what she had to say:

" I felt so embarrassed about my unsightly and prominent hand veins, I felt they were unattractive and ageing. I carefully researched treatment options and found Dr Gajraj's clinic - I was impressed by the technique he uses to reduce and shrink the veins but not fully destroy them. I received first - class care from initial consultation to aftercare. I feel that this procedure has changed my life - I feel much more confident socially and at work. I wouldn't hesitate to recommend this procedure and this clinic. Thank you Dr Gajraj "

**BEFORE**



**AFTER**



BEFORE



AFTER



**The VeinCare Centre is one of the few specialist vein clinics in the UK that treats hand veins and arm veins. As far as we are aware, the Hand Rejuvenation Treatment Programme is unique anywhere in the world and the results shown above speak for themselves.**

[www.theveincarecentre.co.uk](http://www.theveincarecentre.co.uk)

Tel 01935 571 030

## Fee Schedule

### Consultation

#### Assessment for Hand and Arm Veins

Consultation with Dr Haroun Gajraj, clinical assessment, a full discussion of the treatment options, a written report for you and your family doctor and a written quotation (not an estimate) of your preferred treatment programme.

£  
100

### Hand Rejuvenation Treatment Programme

Treatment includes appointments, usually a series of 5 appointments at 2-weekly intervals.

Hand Rejuvenation Treatment Programme (both hands)

2495

Arm Vein Size Reduction (both)

2695

Hand Rejuvenation Treatment Programme and Arm Vein Size Reduction (both)

3295

## Clinic Location

The VeinCare Centre specialists see patients at: The Melbury Clinic, Holt Mill, Dorset, DT2 0XL

Directions can be found on the website

You can make an appointment direct by calling The VeinCare Centre

on 01935 571030

**YOU DO NOT NEED A GP REFERRAL**

The VeinCare Centre follows guidance from the General Medical Council (GMC) and with your consent and agreement we will keep your GP advised about your diagnosis and your treatment.

## GP Referral

Dr Haroun Gajraj (GMC Number 2648642) is pleased to receive referrals for Hand Rejuvenation Treatment Programme from your GP. You will then be contacted with an appointment. Referrals should be sent to:

The VeinCare Centre Head Office  
The Melbury Clinic  
Holt Mill  
Dorset  
DT2 0XL  
Tel 01935 571030