



**THE VEINCARE CENTRE**

ADVICE • DIAGNOSIS • TREATMENTS • PRODUCTS

The VeinCare Centre  
The Melbury Clinic  
Higher Barn  
Holt Mill  
Dorset DT20XL

## Hand Rejuvenation Treatment Programme

### **A Unique Treatment Programme for Reversing the Main Signs of the Ageing Hand.**

Our hands are always on show. Disguising the signs of ageing on the hands is much more difficult than applying make-up to the face.

Many people look after their face with sunscreen and moisturisers, but they sometimes neglect their hands until it is too late. That is why the hands are often the best indicator of one's age.

The signs of ageing hands that we can reverse are:

- Prominent Veins
- Bony Appearance
- Age Spots
- Wrinkly Skin

The VeinCare Centre specialises in the treatment of hand veins and arm veins at clinics in Dorset and Hampshire. All of our vein treatments are performed by Dr Haroun Gajraj and his team under local anaesthetic as a walk-in, walk-out procedure.

### **Hand Rejuvenation Treatment Programme**

Dr Gajraj offers a programme of hand vein treatment that addresses the main signs of ageing:

- Gentle Sclerotherapy to shrink the veins to a more youthful size
- Collagen Stimulator Injections to reverse the bony appearance and to reduce the appearance of wrinkles
- Cryotherapy to remove age spots

The programme is tailor-made and patient-centred. The programme is continued at intervals until the desired outcome is achieved.

After successful hand rejuvenation, the results are long-lasting and durable.

A low-cost maintenance programme is available to ensure that your hands remain youthful.

[www.theveincarecentre.co.uk](http://www.theveincarecentre.co.uk)

Tel 01935 873 951

Fax 01935 315 100

## The VeinCare Team



**Dr Haroun Gajraj, MS, BSc, FRCS**  
Founder of The VeinCare Centre  
GMC number 2648642

I have over 25 years' experience of treating people with a wide variety of vein conditions. I was a vascular consultant surgeon in the NHS for over 13 years and I am fully accredited as a vascular specialist with the General Medical Council of the United Kingdom. I left the NHS in 2008 to specialise exclusively in venous disease. As far as I am aware, I am the only doctor based in Dorset who is in full-time private practice treating people with vein problems. I founded this specialist centre for the treatment of venous disease and I am supported by a team of experts.

### Training and Experience

- Medical Graduate of Kings College Hospital, University of London
- Vascular surgery training at St George's and St Thomas's hospitals
- Fellow of the Royal College of Surgeons of England
- Member of the Royal Society of Medicine and Venous Forum
- Founding member of the British Association of Sclerotherapists
- Director of The VeinCare Academy
- Director of The Melbury Clinic Ltd
- Previously Consultant Vascular Surgeon in the NHS
- Previously Clinical Director of Surgery at Yeovil District Hospital and Surgical Tutor at the Royal College of Surgeons of England



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## Hand Veins

Large hand veins often develop simply as a result of getting older. As we age, the backs of our hands lose collagen, the skin become thinner and it may also develop age spots or “liver spots”. Our hands can look much older than the rest of our body, with a bony appearance, big bulging veins, prominent tendons and pigmented patches.

## Hand Rejuvenation Treatment Programme

Fortunately, we can reverse these changes. We use a combination of treatments that we call the "**Hand Rejuvenation Treatment Programme**". It's a combination of sclerotherapy, collagen stimulation and age spot elimination. The VeinCare Centre has developed a unique method of hand vein injections that we call "Gentle Sclerotherapy". It does not close off the veins completely - after all we need normal veins- rather, it shrinks the veins and makes them return to a more normal size. Unlike other forms of sclerotherapy, compression gloves and bandages are not needed.

At the same time, we administer collagen stimulator injections under the skin and around the hand veins. By stimulating the natural production of collagen in the hands, the veins are surrounded and supported, and, in this way, they are less likely to stretch and bulge in the future. The results of hand vein treatments typically last many years before the hand veins become prominent.

To complete the Hand Rejuvenation Treatment Programme, brown mark discolouration and age spots can be removed by cryotherapy.

The combination of “gentle sclerotherapy”, collagen stimulation and age spot reduction results in more youthful looking hands. The Hand Rejuvenation Treatment Programme is unique and as far as we know, it is not available anywhere else.

## Arm Vein Reduction

Large arm veins can also be treated by “gentle sclerotherapy” and arm vein size reduction can be provided solely or in combination with the Hand Rejuvenation Treatment Programme.

## Results of Hand Rejuvenation

The photographs shown below were taken by the patient herself. She was so pleased with the results that she has allowed us to share them. They have not been altered in any way. She is a medical professional who research all the available clinics before contacting us.

This what she had to say:

" I felt so embarrassed about my unsightly and prominent hand veins, I felt they were unattractive and ageing. I carefully researched treatment options and found Dr Gajraj's clinic - I was impressed by the technique he uses to reduce and shrink the veins but not fully destroy them. I received first - class care from initial consultation to aftercare. I feel that this procedure has changed my life - I feel much more confident socially and at work. I wouldn't hesitate to recommend this procedure and this clinic. Thank you Dr Gajraj "

BEFORE



AFTER



BEFORE



AFTER



**The VeinCare Centre is one of the few specialist vein clinics in the UK that treats hand veins and arm veins. As far as we are aware, the Hand Rejuvenation Treatment Programme is unique anywhere in the world and the results shown above speak for themselves.**

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## Fee Schedule

### Consultation

Assessment for Hand and Arm Veins

£  
100

Consultation with Dr Haroun Gajraj, clinical assessment, a full discussion of the treatment options, a written report for you and your family doctor and a written quotation (not an estimate) of your preferred treatment programme.

### Hand Rejuvenation Treatment Programme

Treatment includes all follow up appointments, usually 2 weeks and 4 weeks after initial treatment, a review at 6 months, all retreatments for residual veins, age spots or for more collagen stimulation, all correspondence and reports. In addition, should our patients have any concerns within 12 months of treatment, we will be happy to investigate these concerns and retreat if necessary. This provides welcome added reassurance for 12 months.

Hand Rejuvenation Treatment Programme (both hands)	2495
Arm Vein Size Reduction (both)	2695
Hand Rejuvenation Treatment Programme and Arm Vein Size Reduction (both)	3295
Annual Hand Rejuvenation Maintenance Programme	340

Please check our website for the current fee schedule.  
Written quotations and T+Cs are available on request.

### What's Included

The Hand Rejuvenation Treatment Programme is fully inclusive of all treatments and re-treatments, however many are required to reach the final outcome. Any issues identified within 12 months of the start of the programme will be addressed at no additional fee.

The maintenance programme includes annual sclerotherapy, collagen stimulator injections and age spot removal.

### Price Match

If you can find a clinic offering **The Hand Rejuvenation Treatment Programme** consisting of collagen stimulator injections, gentle sclerotherapy and cryotherapy (unlimited treatments over 12 months) for less than £2495 anywhere in the world at the time of starting your treatment, we will match that fee and if you have already paid, we will refund the difference.

## Clinics

The VeinCare Centre specialists see patients at:

- The Melbury Clinic, Holt Mill, Dorset, DT2 0XL
- Ringwood Health Clinic, 16-18 Southampton Road, Ringwood, BH24 1HB

Locations and directions can be found on the website

You can make an appointment direct by calling The VeinCare Centre  
on 01935 873 951

**YOU DO NOT NEED A GP REFERRAL**

The VeinCare Centre follows guidance from the General Medical Council (GMC) and with your consent and agreement we will keep your GP advised about your diagnosis and your treatment.

## GP Referral

Dr Haroun Gajraj (GMC Number 2648642) is pleased to receive referrals for Hand Rejuvenation Treatment Programme from your GP. You will then be contacted with an appointment. Referrals should be sent to:

The VeinCare Centre Head Office  
The Melbury Clinic  
Holt Mill  
Dorset  
DT2 0XL  
Tel 01935 873951  
Fax 01935 315100

## Private Medical Insurance

**The Hand Rejuvenation Treatment Programme is not covered by Private Health Insurance**

The VeinCare Centre is the Trading Name of  
the Melbury Clinic Ltd - a UK registered  
company 04575501



The medical activities of the Melbury Clinic Ltd are  
regulated by the Care Quality Commission, the  
independent regulator of Health and Social Care in  
England